

Daily Learning Planner

*Ideas families can use to help children
do well in school*



THE
PARENT
INSTITUTE®

February 2025

Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

1. Play My Day, Your Day with your child. Each of you ask questions about the other's day.
2. With your child, learn how to say "I love you" in three other languages.
3. Have your child pretend to be a character from a book. Ask questions until you figure out who your elementary schooler is.
4. Look at photos from a year ago. Discuss how much your child has grown and learned since then!
5. Check ads for items with prices ending in 97, 98 or 99 cents. Have your child round off and estimate—how much would four of the items cost?
6. Look for books to read aloud that you and your child can both enjoy.
7. Test observation skills. Can your child describe someone that just passed by on the street?
8. Teach a card game to your child. Play it with the whole family tonight.
9. Make today punctuation day. See how many types of punctuation you and your child come across. What does each do?
10. Tuck a valentine in your child's lunch every day this week. Write a special message on each.
11. Do body arithmetic. Ask your child, "How much do your fingers, knees, toes and nose add up to?"
12. Exchange notes with your child instead of talking for part of the day.
13. When your child brings home a test, talk about what your student got right before discussing errors. What can your child learn from both?
14. At bedtime tonight, tell a story about yourself when you were your child's age.
15. Let your child stay up a few minutes later tonight to read in bed.
16. Visit the library. Check out a book about electricity to read together. Where does it come from? How do people control it?
17. Ask about the nicest thing a friend or classmate has ever done for your child.
18. Use yarn and a hanger to help your child turn snapshots of family members into a mobile. Hang it where everyone can see it.
19. Save the seeds from a fruit you've eaten. Help your child plant them in a paper cup and place it on the windowsill. Water and see if they grow.
20. Choose a number between 1 and 12. Have your child list things that come in that number (12 eggs, 4 corners on a square, etc).
21. Show enthusiasm about things your child is learning, even if the facts are not new to you. "That's so cool! Tell me more!"
22. Look at car ads in the newspaper or online. Encourage your child to design and name a new car.
23. Draw window pictures with your child. Look out the window, and draw what you see!
24. Look for ways to involve your child in your hobbies. If you are a runner, take your elementary schooler for a short jog.
25. Have a silent supper. During dessert, have family members share what they were thinking about.
26. Have each family member write a funny sentence. Put them together to make a story.
27. Talk with your child about courage and people who show it.
28. Choose your words carefully when speaking about your child to others. Avoid making negative comments if your child could overhear.